



April 19, 2020

“The Fear Factor Series, Part 1”

A RESPONSE TO FEAR

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Scripture Readings: Psalm 56:1-3

Main Point: David teaches us how to respond properly to fear. “When I am afraid, I put my trust in You.”

Lesson Application: All of us need a safe place where we can put the issues of life, where we can take our burdens to and know we can rest because of where we’ve put them.

The proper response to fear is to put our trust:

- A. Where?
 - i. In God
 - 1. In the midst of
 - a. He gives peace
 - b. He comforts us
- B. When?
 - i. When having a WHEN moment
 - 1. Doesn't give you advance notice
 - 2. A time of distress
 - 3. Right now is a WHEN moment
- C. Why?
 - i. His “track record”
 - 1. Never changes
 - 2. Always with us
 - ii. His “FICA” score
 - 1. His character
 - 2. His ability
- D. How?
 - i. Intentionally
 - ii. Prayer
 - iii. Meditation

Discussion Questions

1. Where do you put your fears/anxiety/problematic things of life?
2. Do you just trust IN God or do you trust God?
3. Fear is real. How will you master the unbearable fears that life shares?